

**BREAKFAST ALL DAY**

**BREAKFAST BBQ BURRITO 13**  
flank steak / egg / garlic rice / green onion/ house fermented kimchi (Kimchi optional)

**SAMO BREAKFAST SANDWICH 10**  
sourdough bread / eggs / maple bacon / avocado / tomato / cheddar jack cheese / spicy aioli

**STARTERS**

**CRISPY SPRING ROLL 10** (DF) (V) (VG)  
chicken / mushrooms / vermicelli / carrots / onions / rice paper

**CHICKEN POT STICKERS 10** (DF)  
mushrooms / onions / sesame oil / balsamic glaze

**STEAMED CHICKEN DUMPLINGS 10** (DF)  
tiato sweet chili sauce

**CRISPY GLAZED BRUSSELS SPROUTS 9**  
brussel sprouts / cauliflower/ red grapes / red currant / chocolate truffle ponzu glaze

**MISO BUTTER GRILL CORN 7** (V) (VG)  
enoki mushrooms / green beans / shallots

(VT)

**SOUPS & SALADS**

Add protein (chicken 4 / add shrimp 6 / add salmon 7)

**ROASTED TOMATO SOUP** – cup 5 / bowl 7 (V) (VG) (V)

**TURKEY TACO SALAD 13.5** (V)  
black beans / roasted corn / jicama / tomatoes / crispy tortillas / fresh cilantro / chipotle cilantro dressing

**ANTIOXIDANT SPINACH AND KALE SALAD 13** (VT) (V) (VG)  
blueberries / beets / chevre cheese / candied walnuts / shallots / green apples / frisée / flax seeds / cucumber pomegranate ginger dressing (chicken 3 / shrimp 5)

**WARM WILD RICE TURKEY SALAD 15** (DF) (V) (VG)  
kale / mushrooms / cherry tomatoes / shallots / tiato herbs / citrus ginger dressing

**KALE CAESAR SALAD 12** (V) (VG)  
green kale / romaine / parmesan / cornbread croutons lemongrass basil

**SANDWICHES & BUNS**

(choice of mixed greens, fries, or house-made chips)  
(option to substitute for gluten free / dairy free)

**TIATO BANH MI (VIETNAMESE BAGUETTE) 13** (DF)  
beef chicken or tofu / carrots / daikon / cucumber pickles/ jalapeño / cilantro / spicy aioli

**KOREAN BBQ BURRITO 15** (DF)  
garlic rice / house fermented kimchi / flank steak / green onion

**GRILLED CHEESE & TOMATO SOUP 13** (VT)  
cheddar and jack cheese / thai basil pesto / artisan sourdough bread  
(add avocado 3 / maple bacon 3 / add tuna 2.5)

**CHICKEN BANH MI BURGER 16**  
spicy mayo / pickled veggie slaw / cilantro / brioche bun

**TIATO GRASS FED BURGER 16**  
pickles / tomatoes / crispy onions / lettuce / spiced aioli / cheddar / brioche bun (add avocado 3 & maple bacon 3)

**LARGE BOWLS & PLATES**

**PHO 13** (DF) (V) (VG)  
rice noodles / fresh herbs / home-made bone broth / herbs & bean sprouts / choice of chicken or beef or tofu

**VIETNAMESE RICE NOODLE SALAD 14** (VT) (V) (VG)  
crispy chicken rolls / choice of mama's turkey meatballs or chicken or beef satay

**TIATO EGGPLANT TOFU 14** (V) (VG)  
vietnamese herbs / black bean sauce / kale cabbage salad / choice of brown or white rice

**YELLOW CURRY CHICKEN 14.5** (DF) (V) (VG)  
zucchini / green beans / kaffir lime leaf / green apple / choice of brown or white rice

**ORANGE CHICKEN W/ CRISPY LEEKS 16** (V) (VG)  
seasonal vegetables / orange marmalade / garlic rice

**MAMA'S WOK NOODLES 14** (DF)  
broccoli / cabbage / bok choy / celery / bean sprouts / mushrooms / carrots  
(add chicken 4 / tofu 3 / beef 5 / shrimp 6)

**GINGER GLAZED WILD SALMON 20** (DF) (V) (VG)  
caramelized ginger / coconut sauce / grilled pineapple / Cabbage / baby bok choy / choice of brown or white rice

**SHAKEN BEEF BOWL 18**  
cubed filet mignon / tomatoes / caramelized onions / butter lettuce / choice of brown or white rice

(GF) GLUTEN-FREE

(VT) VEGETARIAN

(DF) DAIRY-FREE

(VG) VEGAN

\* CAN BE MODIFIED TO BE GLUTEN-FREE OR VEGETARIAN  
These icons illustrate the ingredients used in each recipe. However we are a mixed used kitchen facility and cross contamination may occur.

At Tiato, we are proud of our sustainable practices while bringing you health and happiness through food.  
18% gratuity added to parties of eight(8) or more. Four (4) max.  
checks per table. Limit one(1) substitution per dish.

## ORGANIC COFFEE

decaf drip & espresso also available

**MILK OPTIONS:** non dairy options +.75; almond / coconut almond / soy / hemp/ oat  
**SYRUP OPTIONS:** vanilla / sugar-free vanilla / hazelnut / sugar-free hazelnut / sugar-free caramell/ mocha  
**SAUCE OPTIONS:** caramel / chocolate / white chocolate

ICED OR REGULAR COFFEE – s 3.50 / m 3.75 / lg 4.25  
 VIETNAMESE COFFEE ICED OR HOT – s 4 / m 4.25 / lg 4.50  
 COLD BREW – s 4.25 / m 4.5 / lg 4.75  
 AMERICANO – s 3.50 / m 3.75 / lg 4.25  
 CAFÉ AU LAIT – s 4.25 / m 4.5 / lg 4.75  
 CAPPUCCINO – s 4.5 / m 4.75 / lg 5.25  
 LATTE – s 4.5 / m 4.75 / lg 5  
 ESPRESSO SHOT – single 3 / double 3.75 / add'l shots .75  
 MOCHA – s 4.75 / m 5 / lg 5.25

(add'l flavors +.75 - ask your server about seasonal flavors!)

## ORGANIC HOT TEAS 4

**HERBAL TEA – CAFFEINE FREE**  
 mint verbena / rooibos chai / chamomile  
**OOLONG TEA**  
 pomegranate oolong  
**BLACK TEA**  
 organic english breakfast / earl grey supreme / hot cinnamon spice / darjeeling / paris  
**GREEN TEA**  
 organic green / dragon pearl jasmine / organic bankok

(additional tea bag +1)

## SPECIALTY LATTES

CHAI TEA – s 4.75 / m 5 / lg 5.75  
 MATCHA TEA – s 5 / m 5.5 / lg 6  
 honey / matcha / hemp milk  
 GOLDEN TEA – s 5 / m 5.5 / lg 6  
 mint tea / vanilla / housemade turmeric spice blend / almond coconut milk  
 SESAME LATTE – s 4.25 / m 4.5 / lg 4.75  
 sesame powder / agave / soy milk  
 SPANISH LATTE – s 4.25 / m 4.5 / lg 4.75  
 Cinamon / honey / soy milk  
 CYO – your choice of milk & tea (syrup of choice add'l charge)

## FRESH PRESSED JUICE

APPLE / CARROT / ORANGE JUICE – s 6 / lg 8  
 GREEN GODDESS – s 6.5 / lg 8.5  
 broccoli / celery / green apple / honeydew / spinach  
 ROYAL DETOX – s 6.5 / lg 8.5  
 beef / carrot / green apple  
 THE GREEN FIX – s 6.5 / lg 8.5  
 apple / cucumber / orange / celery / ginger  
 LONGEVITY – s 6.5 / lg 8.5  
 apple / carrot / ginger / orange / topped with turmeric & cayenne  
 LEMON GINGER CAYENNE "WELLNESS" SHOT – s 4.5  
 LEMONADE W/ GINGER AND CAYENNE – lg 6  
 CHARCOL LEMONADE – lg 4  
 CYO – s 7.5 / lg 9  
 select 3 fruits or vegetables: broccoli, celery, spinach, green apple, carrot, ginger, beef, honeydew, orange, strawberry, lemon, blueberry

(each additional fruit +.5)

## SODA & ICED TEA

sierra mist 3 / pepsi 3 / diet pepsi 3 / lemonade 3.5 / black tea 3.5 / tiato green tea 3.5

## HOUSE-MADE BOBA

GREEN or BLACK MILK TEA BOBA – s 4.5 / m 5 / lg 5.5

(add boba to any drink +1)

## SMOOTHIES (20OZ) 8

**BERRY TIATO**  
 strawberry / blueberry / pineapple / mango  
 tiato leaf / orange juice  
**TROPICAL GREEN**  
 mango / kale / banana / pineapple / orange juice  
**GREEN MONSTER**  
 pineapple / mango / honey / coconut flakes / flax seed / spinach / soy milk  
**THE ZINGER**  
 mango / orange juice / pineapple / ginger  
**CHOCO BONANZA 9**  
 chocolate protein / peanut butter / banana / coconut flakes / almond milk  
**VANILLA BONANZA 9**  
 vanilla protein / avocado / peanut butter / banana / coconut flakes / almond milk  
**THE PINK LADY 9**  
 vanilla protein / avocado / peanut butter / banana / strawberry / flax seeds / coconut flakes / almond milk

(each additional fruit or veggie +.5 / protein +1)

## EXTRA ADD-ONS

vanilla or chocolate protein 1 / boba 1 / granola 1 / flax seed .75 / flax oil .25 / espresso shot .75 / peanut butter 1 / agave .75 / coconut oil .75 / coconut flakes .5 / fresh mint .5 / strawberry .5 / charcoal .75 / cayenne .5 / turmeric .25

At Tiato, we are proud of our sustainable practices. Bringing you health and happiness through our food. All of our to-go products are plant-based & compostable. In order to maintain this practice each additional hot & cold cup will be charged an addition of .5 Thank you for your support & understanding.

tiato.com | @tiatosm | 310.866.5228